

GUIDELINES FOR FACILIATING CHRIST-CENTERED DISCUSSION GROUPS

“Speaking the truth in love” • Ephesians 4:15

Our conversations should honor Christ, encourage one another, and inspire obedience to His Word.

1. **Keep Christ and His Word at the center.** Let Scripture guide the conversation and our responses.
2. **Listen well.** Give each woman your full attention without interrupting or preparing your response while she is speaking.
3. **Speak with grace and truth.** Let your words be kind, honest, helpful, and honoring to Christ.
4. **Share honestly, but appropriately.** Speak from your own experience rather than speaking for someone else. Guard against being negative unnecessarily.
5. **Protect confidentiality.** Be sure it is clear to all in the discussion group that personal things shared within the group should remain within the group, except when someone’s safety requires help.
6. **Encourage every voice.** Invite participation without putting anyone on the spot. No one should feel pressured to share.
7. **Ask before advising.** Begin with thoughtful, open-ended questions. Seek to understanding before offering counsel.
8. **Be mindful of time.** Give others room to speak and avoid allowing one person to dominate the discussion (even yourself).
9. **Extend grace.** Assume the best, avoid judgment, and remember that spiritual growth is a process. Address
10. **Pray for one another.** Bring needs, struggles, and next steps before the Lord together.

“Let no corrupting talk come out of your mouths, but only such as is good for building up...”

— Ephesians 4:29 (ESV)

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